Purple Pinkie 5K Run/Walk
Organized by the DeSales University Rotaract Club & Rotary District 7430 Foundation

Join us for the First Annual Purple Pinkie 5K. Co-sponsored by the Rotary District 7430 Foundation and the DeSales University Rotaract Club, all proceeds benefit PolioPlus to help eradicate polio. To learn more about PolioPlus and other projects by the Rotary District 7430 Foundation, please visit www.rotarydistrict7430.org

Rotary International has more than 1.2 million members worldwide. Rotary club members are volunteers who work locally, regionally, and internationally to combat hunger, improve health and sanitation, provide education and job training, promote peace, and eradicate polio under the motto “Service Above Self.”

The Rotaract Club of DeSales University is celebrating their first year as a club. In addition to PolioPlus the club supports a variety of other organizations in the community such as Second Harvest Food Bank, Ronald McDonald House, Soldier’s Angels, and others.

DeSales University (McShea Center)
2755 Station Avenue
Center Valley, PA 18034

Registration: 9:00-10:00 AM
5K Race: 10:00 AM
Awards: 11:00 AM

Presented by the DeSales Rotaract Club & Rotary District 7430 Foundation
Directions to DeSales University
Red star – McShea Center & Parking

Philadelphia and South Jersey
Take I-76 West through Philadelphia to I-476, the Northeast Extension of the Pennsylvania Turnpike, to Exit 32/44 (Quakertown). Turn left onto Route 663 North toward Quakertown, turn left onto Route 309 North, and proceed 8 miles to the intersection of Route 309 and Route 378. At the intersection bear right and follow Route 378 North to Preston Lane. Make a right on Preston Lane to campus, and follow to Landis Mill Road. Turn right and take Landis Mill Road to Station Ave. Turn left onto Station Ave.

Baltimore / D.C. Area
Follow I-95 North through Delaware. After entering Pennsylvania, take Route 476 West after Chester. Follow Route 476 to I-476, the Northeast Extension of the PA Turnpike, follow directions from Philadelphia.

Harrisburg and Southcentral PA
Take Route 81 North and proceed East on I-78 to Route 309 South (Exit 60). Once on Route 309, stay in the right lane and use the jug handle to turn left onto Center Valley Parkway. Go approximately 2 miles then make a right on 378 South. Travel approximately 2 miles to Preston Lane. Make a left on Preston Lane and follow to Landis Mill Road. Turn right and take Landis Mill Road to Station Ave. Turn left onto Station Ave.

Scranton and North
Take I-476, the Northeast Extension of the Pennsylvania Turnpike, to Exit 33/56 (Lehigh Valley). Follow Route 22 East from the interchange exit for 1/8 mile to Route 309 South (direction of Quakertown). In a few miles Route 309 joins with I-78 East. Continue south on this combined road until Route 309 branches off toward the south at Exit 60. Once on Route 309, stay in the right lane and use the jug handle to turn left onto Center Valley Parkway. Go approximately 2 miles then make a right on 378 South. Travel approximately 2 miles to Preston Lane. Make a left on Preston Lane and follow to Landis Mill Road. Turn right and take Landis Mill Road to Station Ave. Turn left onto Station Ave.

Northern / Central New Jersey
Take the New Jersey Turnpike and/or Route 287 to I-78. Follow I-78 West across New Jersey and into Pennsylvania to Route 309 South (Exit 60A). Continue south on Route 309 for about 3 miles to the intersection of Route 309 and Route 378. Follow General Directions above.

New York City and Long Island
Take the Throgs Neck Bridge and follow the Cross Bronx Expressway/I-95 to the George Washington Bridge. Follow I-95 to Route 80 West. From I-80 take Route 287 South and follow directions from Northern/ Central New Jersey.

Connecticut, Boston and New England
Take I-84 West to interchange of CT-15 to US-5/CT-15. Follow the I-91 South exit to I-95 South or the Merritt Parkway, to I-287 South. Continue on I-287 South over the Tappan Zee Bridge to exit 15 for New Jersey. On I-287 South follow directions from Northern/Central New Jersey.

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DeSales University (McShea Center)
2755 Station Avenue
Center Valley, PA 18034

Sunday, April 3, 2011
Registration: 9:00-10:00 AM
5K Race: 10:00 AM
Awards: 11:00 AM

Presented by the DeSales Rotaract Club & Rotary District 7430 Foundation

Awards (Male & Female)
Overall 1 M/F

Quality short-sleeve tee-shirts for all pre-registered runners and while supplies last on race day.

Race organizer:
Heather Hope, 610-914-8320 (before 10PM please); hh5571@desales.edu
Laura Monahan, 443-752-16-34 (before 10PM please); lm6273@desales.edu

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Purple Pinkie 5K Registration Form

Name: ____________________________
Birthday: ________ M F
T-shirt size: S M L XL
Address: ____________________________
City: __________________ State: ______ Zip: ______
E-Mail: ____________________________

$15 Postmarked Before 3/27 ________
$20 After 3/27; Race Day __________
$10 Student * __________
Optional Donation: __________________
Total Enclosed: __________________

* With valid high school or college ID

MAKE CHECK PAYABLE TO: Rotary District 7430 Foundation
MAIL TO:
Laura Monahan
2755 Station Avenue
Center Valley, PA 18034

I know that participating in a race is a potentially hazardous activity. I should not enter unless I am medically able to participate. I also assume any and all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the roads. In considering of accepting this entry, I hereby waive for myself and my heirs all rights and claims for damages I may have against Rotary or DeSales University, and all other sponsors, volunteers, their agents or representatives arising out of, or in the course of, my participation in the Purple Pinkie 5K. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of this event.

Signature: ____________________________
(Parent/Guardian if under 18 years)
Date: ____________

Please detach and send in to address above.