



By: Arissa Snyder - Media Director



LVHN 50+ Wellness Expo

September 16, 2017

Where do older adults go to get free blood pressure readings or balance and other health screenings? The Lehigh Valley 50+ Wellness Expo is the answer! Some of our amazing members of SNA volunteered their time to assist the staff at this health fair. During this time, our members got to learn about multiple screenings older adults often receive. These screenings included bone density, flu information, and endoscopy/colonoscopy. The bone density screening included putting your foot in a tool that measures if bone density is normal or not. The flu information included a form about the flu and the vaccine. People could also get their flu shot at this station. The endoscopy/colonoscopy table informed people of the general process of receiving these procedures and the regular age to begin them, which is at 50 years old. Some of our members even helped at registration and the prize table. To top it off, the participants also got a free flu shot! We are so thankful for the wonderful volunteers we have in our organization. Thank you all for volunteering!



Have a fun and safe Halloween!



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SNA Guide To...



Health Insurance Portability and Accountability Act (HIPAA)



Tips to Maintain Patient Confidentiality

- 1) **Maintain a Sterile Environment**
 - This means free from patient information. Make sure all cabinets are locked and computer screens are off when not in use.
- 2) **Don't Just Trash It**
 - Don't just throw papers in the trash. Those papers that have any type of information regarding a patient should be properly disposed.
- 3) **Avoid Filing Errors**
 - Just as with paper charts, electronic files can be wrong. Some staff may accidentally put the wrong information in the wrong patient's file.
- 4) **Never Share your Password**
 - You have your own password for a reason. Never give out your password to anyone, since they could do something that breaks HIPAA and you would face the consequences.
- 5) **Unsure if You're HIPAA Compliant? Ask!**
 - Always ask if you are unsure if something you want to do is compliant or not. It's better to ask than to break confidentiality.

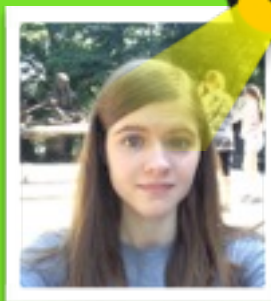
 October is Breast Cancer Awareness Month. Yearly mammograms begin at age 40, but self breast exams should begin at age 20.

FUN FACTS
80% of all infectious diseases are transmitted by touch... so **WASH YOUR HANDS!**

October 28th is **Make a Difference Day** where volunteers come together to improve the lives of others.




Nurses don't wait until October to celebrate Make a Difference Day - they make a difference every day!

STUDENT SPOTLIGHT MEET JUNIOR MARY MCGEEHAN



- 1) What has been your favorite nursing class?
Health and Physical Assessment
- 2) What do you like about SNA?
I like how much community service SNA does.
- 3) In what specialty of nursing do you hope to work?
Not sure yet!
- 4) Any tips for underclassmen about nursing school?
The best piece of advice I can give is to make sure that you take advantage of the open lab hours and use PrepU to help study for exams.

FAVORITES

Animal: Cheetah  **Food:** Beef Stew  **Color:** Blue 

PATIENT IDENTIFIERS IN HIPAA

1. NAMES
2. LOCATIONS
3. DATES
4. PHONE NUMBERS
5. FAX NUMBERS
6. EMAIL ADDRESSES
7. SOCIAL SECURITY NUMBER
8. MEDICAL RECORD NUMBERS
9. HEALTH PLAN BENEFICIARY NUMBERS



UPCOMING EVENTS



October 3 @ 8AM-4:30PM: Mu Omnicron Trauma Informed Care Conference

October 14 @ 1-3PM: NICU Reunion

November 15-17: SNAP Convention at Kalahari of the Poconos

March 14, 2018 @ 1:30-4:30PM: Health and Wellness Opportunities Expo in the DUC

March 24-25, 2018: LEAD Convention in Harrisburg

April 4-8, 2018: NSNA in Nashville, TN

Member meeting every last Monday of the month at 4PM



2017-2018 SNA Board Members

President: Jenna Creed - jc5942@desales.edu

Vice President: This could be you!

Secretary: Erika Llagas - el2015@desales.edu

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